



# **2022 Festival Health Handbook**

**Updated June 10, 2022**

## Table of Contents

Introduction.....	3
<b>2022 COVID-19 PROTOCOL ESSENTIAL INFORMATION .....</b>	<b>3</b>
COVID-19 Testing.....	3
Reporting a Potential Illness or Exposure .....	4
What do I do if I’m Exposed or Test Positive for COVID but I feel fine? .....	4
What do I do if I Test Positive for COVID and am Symptomatic.....	<b>Error! Bookmark not defined.</b>
Confidentiality .....	5
Additional Vaccine Information.....	5
Masks.....	6
Public Access on Campus .....	6
Respiratory Etiquette .....	6
Social Distancing.....	6
Ventilation.....	7
Thank you!.....	7

## Introduction

The Music Academy is committed to providing a safe and healthy environment for all our administration, fellows, teaching artists, volunteers, patrons, and vendors. Bringing together over 250 people from multiple countries, we want to protect all Festival participants and our local community from potential exposure to COVID-19 and its variants. These protocols are subject to change per Santa Barbara County Public Health Department, Centers for Disease Control and Prevention (CDC), CALOSHA, and Federal OSHA standards. We will closely monitor COVID cases in our community and beyond should changes be necessary. Any questions should be addressed to Mimi Do, CFO & VP of Administration ([mdo@musicacademy.org](mailto:mdo@musicacademy.org), 805-695-7902).

### 2022 COVID-19 PROTOCOL ESSENTIAL INFORMATION

- **Vaccinations** are required of all Music Academy fellows, teaching artists, and administration
- Proof of a **negative COVID test** taken within 72 hours is required prior to arrival.
- Please use the **2022 Health Information Form** to upload COVID-19 vaccine and negative test documentation **within 72 hours prior to your arrival**.
- COVID-19 **boosters** are not required but are highly encouraged.
- **Masks will be required for Week 1 of the Festival from Saturday, June 11 through Monday, June 20. N95 or KN95 masks are preferred.**
- Regular group **testing** during the Festival will not be required. Self-monitor for symptoms and test as needed.
- You will have to **isolate for 5 days** if you test positive and are symptomatic. If you are asymptomatic, you do not need to isolate but must wear a mask for 10 days and monitor for symptoms.
- As of June 1, the Granada and Lobero Theatres have lifted mask requirements and are not requiring audiences to provide proof of vaccination or a negative professionally administered COVID test (PCR) within the last 72 hours.
- Stay vigilant and use your best judgment to minimize exposure risk for yourself and others.

## COVID-19 Testing

Pre-arrival proof of a negative COVID-19 test is required for all fellows, artists, and administration, taken within **72 hours** of arrival. Documentation can be [uploaded here](#) or can be emailed directly to Mimi Do, CFO & VP of Administration ([mdo@musicacademy.org](mailto:mdo@musicacademy.org)).

- Tests must be approved by the U.S. Food and Drug Administration (FDA) and may include PCR and over-the-counter at-home or antigen test kits (i.e., Binax Now).
- Documentation may include a report of test results from a health provider or professionally administered site (pharmacy, public clinic, etc.).
- At-home tests should be in the form of a picture with a date and time stamp, or some other proof of when the test was taken.

## Reporting a Potential Illness or Exposure

If you believe you have been potentially exposed to COVID-19, or if you test positive, you should immediately notify Music Academy administration so that we can assist you if you have to isolate or make scheduling changes. Please reach out to Mimi Do, CFO, or any of the following:

- Fellows – Resident Director, Dean of Students, CFO
- Teaching Artists – Director of Festival Production, Chief Artistic Officer, CFO
- Administration – Supervisor or CFO

Music Academy follows the [CDC's guidelines for quarantine or isolation](#) following a potential exposure or positive test result outlined below. These may change based on public health mandates or on a case-by-case basis depending on potential risk. We will do our utmost to make sure everyone is protected, with as minimal impact as possible on rehearsals and performances.

If you test positive for COVID-19 within two weeks after being at Music Academy, you should inform the CFO or other administration in case contact tracing is needed.

Singers, brass, and wind players should take extra precautions by wearing a mask and social distancing when possible.

## What do I do if I'm Exposed to someone who tests positive for COVID?

- For fully vaccinated individuals, if you were **exposed** to someone with COVID-19, you do not need to isolate or quarantine unless you develop **symptoms**. You should get tested on **Day 5** after you had close contact with someone with COVID-19. You must wear a **well-fitting mask for 10 full days** any time you are around others inside or in public. Monitor for symptoms.

## What do I do if I test Positive for COVID?

- If you had COVID-19 within the **last 90 days** and are **asymptomatic**, you do not need to isolate or quarantine. Wear a well-fitting **mask for 10 full days** and monitor for symptoms.
- If you **test positive** for COVID-19 and you have not had COVID-19 within the last 90 days, you should **isolate for 5 days**. **Day 0** is your first day of symptoms or a positive viral test. For example, if you test positive on June 1, you may leave isolation on June 7.
- If you test negative after 5 days and are asymptomatic, you may discontinue isolation. You must continue to wear a well-fitting **mask for 10 full days** and carefully monitor for symptoms
- If you test positive after 5 days, you must continue isolation until you test negative, up to 10 days. You must also be **fever-free** for 24 hours (without using medication)
  - For instance, if you test positive on Day 6, you must isolate.
  - If you test negative on Day 7, you may end isolation.
  - If you are still positive on Day 10, you can end isolation the next day because the level of virus in the system is likely not contagious after 10 days.
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- Symptoms may include: cough, sore throat, runny nose, shortness of breath or difficulty breathing, fever (100.4 degrees or higher), muscle pain and chills, headache, new loss of taste or smell.
- Get lots of rests, drink lots of fluids, and stay positive!
- For more information from the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
- CDC Quarantine & Isolation Calculator: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#>

## Confidentiality

All health information will be kept strictly confidential by the CFO & VP of Administration in compliance with California law and the Americans with Disabilities Act (ADA). The Music Academy will adhere to all federal, state and local public health reporting requirements. Recognizing every event is different, the CFO will assess the risk level of the exposure and determine next steps in terms of isolation, quarantine, and communication to affected parties.

## Additional Vaccine Information

The Music Academy requires all fellows, artists, and administration participating in the 2022 Summer Festival to provide proof of being fully vaccinated. Fully vaccinated means two weeks have elapsed since the last dose of the COVID-19 vaccine (2 doses for Pfizer and Moderna, 1 dose for Johnson & Johnson). Other [non-U.S. manufactured vaccines](#) that are approved by the Center for Disease Control are also acceptable: AstraZeneca, Covaxin, Covishield, BIBP/Sinopharm, Sinovac, Novavax/Covavax.

Those who have had a positive PCR test within the previous 90 days and have subsequently recovered and are not exhibiting COVID-19 symptoms should still take an antigen test prior to arrival. A note from a medical professional or school may be required to prove exemption from testing.

Those requiring an accommodation due to health or religious reasons must be approved by the CFO & VP of Administration in advance of arrival on campus.

The vaccine is widely available locally. Music Academy will provide assistance to obtain a vaccine appointment for anyone who does not have vaccine access prior to arrival.

As of June 1, 2022, audience members for public performances are not required to show proof upon arrival of either vaccination status or a professionally administered negative COVID-19 test taken within 72 hours. This is subject to change based on individual venues.

## Masks

Following CDC and state public health guidelines, masks are not required but are highly encouraged. However, since many of us are traveling from afar and via various modes of public transportation, we are taking extra precautions during the **first 10 days** of the Festival by requiring masks. Starting **Saturday, June 11 through Monday, June 20**, all Music Academy Fellows, Teaching Artists, and Administration must wear masks indoors or when physical distancing is not possible (when not alone). This mask policy also applies to shared transportation (car, bus, van, etc.). Those whose instrument is inhibited by a mask (wind, brass, or vocalists) may unmask when rehearsing or performing, but should resume masking when on breaks.

Masks should be well-fitting around the nose and mouth, preferably N95 or KN95. Cloth masks are not recommended, but may be used if washed and dried daily. Masks worn in performance must be black.

Some of our partnering venues specifically require N95 or KN95 masks (Granada or Lobero Theatres). As of June 1, 2022, these rules have been lifted but may be reinstated. We highly recommend you wear masks during travel to Santa Barbara.

Masks are one of our best defenses against spreading infection. You can reduce the risk of having to isolate for 5-10 days by wearing a mask. Please help reduce everyone's risk by masking up.

## Public Access on Campus

Public access on the Academy's Miraflores campus will be limited to outdoor spaces, Lehmann Hall, Weinman Hall, the Carsey Ticket Office, the Main House first floor bathrooms and main corridor, and Hahn Hall lobby and audience seating. Visitors are allowed by appointment or invitation in individual Administrative offices, studios, or other indoor spaces.

## Respiratory Etiquette

Please cover your mouth and nose with your sleeve or a tissue when coughing or sneezing and avoid touching your face, in particular the mouth, nose, and eyes. Dispose of tissues in provided trash receptacles and wash or sanitize your hands immediately afterward. Respiratory etiquette will be demonstrated on signage and supported with tissues and trash receptacles available in all spaces.

## Social Distancing

Per CDC and state guidelines, social distancing is no longer required. However, use your best judgment in large group settings. Opt for outdoor spaces for larger groups and take advantage of the Santa Barbara sunshine! Open areas include Kuehn Court, Lind Patio, Holden Garden, Williams Garden, Hahn Hall front patio, and Towbes Court.

Outdoor spaces should be reserved in advance through Indigo Fischer, Artistic Operations Coordinator ([ifischer@musicacademy.org](mailto:ifischer@musicacademy.org)).

Web conferencing can also be set-up with some advance notice. Please submit a support ticket to [help@musicacademy.org](mailto:help@musicacademy.org) for meeting technology set-ups.

## Ventilation

Air quality, air flow, and ventilation are key components to a COVID-safe environment. Music Academy facilities have been outfitted with MERV-13 filters in the HVAC system. Full HVAC is operational in all spaces which run on programmed schedules to maintain set temperature points as well as circulate air. Please notify [help@musicacademy.org](mailto:help@musicacademy.org) if you have or notice HVAC issues.

Windows and doors may be opened when possible, except for rooms with pianos which require careful temperature and humidity controls.

## Thank you!

Thank you in advance for reviewing our 2022 Health Handbook. Only through a cooperative effort can we maintain the health and safety of our Music Academy family and facilities. Here's to a great summer!